

It's time to Rethink Varicose Veins They're more than just a cosmetic problem!

If left untreated, varicose veins can progress to a more serious form of vein (venous) disease called chronic venous insufficiency (CVI), with signs and symptoms that worsen over time.

That's why the Society for Vascular Surgery®, American Venous Forum and American College of Phlebology have teamed up to encourage those with varicose veins to talk to a vein specialist.

You don't have to suffer in silence.

There are effective and minimally-invasive treatments available that are covered by many insurance plans.

So talk to a vein specialist today! They can help you get screened for varicose veins and CVI and discuss a treatment option that may be right for you.

Find out more Visit www.RethinkVaricoseVeins.com to:

- ☐ Learn more about varicose veins, CVI and treatment options
- ☐ Take a self-assessment
- ☐ Find a vein specialist
- * Statistics based on individuals over the age of 40
- Gloviczki, P., MD., Comerota, A., MD., Dalsing, M., MD., Eklof, B., MD., Gillespie, D., MD., Gloviczki, M., MD.,... Wakefield, T., MD. The care of patients with varicose veins and associated chronic venous diseases: Clinical practice guidelines of the Society for Vascular Surgery and the American Venous Forum. J Vasc Surg. 2011 May; 53(5 Suppl): 2S-48S
- ii "Age and sex composition: 2010." In 2010 United States of America Census (c2010br-03). Web. http://www.census.gov/prod/cen2010/briefs/c2010br-03.pdf
- iii US Markets for Varicose Vein Treatment Devices 2011, Millennium Research Group 2011.
- $i\nu$ "Chronic venous insufficiency: What is it?" Venous Disease Coalition. June 2010. Web.http:// www.venousdiseasecoalition.org/diseaseinfo/cvi/

Facts about varicose veins and CVI

- More than 30 million Americans suffer from venous disease, including varicose veins and CVI^{i,ii}
- Only 1.9 million of those seek treatment annually", while the vast majority remain undiagnosed and untreated*
- More people lose work time over vein disorders than from artery diseaseⁱⁱ
- Varicose veins are the most recognizable form of venous disease; when the condition progresses to CVI, signs and symptoms can include pain, swelling, restlessness and fatigue of the legs, skin damage and ulcers









